



AMICA EDUCA

# Annual work report **2020**



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Due to the covid 19 pandemic, 2020 brought numerous challenges and changes to the whole world, including Amica Educa. Despite all the challenges and risks, the following has been achieved:



- 1238 participations were recorded within various services and activities that Amica Educa realized in the period January - December 2020. Realized services and activities, in addition to reducing the psychological consequences of the crisis covid-19 situation, they also influenced the increase of personal, social and professional functionality of persons (beneficiaries) and contributed to the realization of their health, socio-economic and educational rights.
- Adaptation to the epidemic situation and reorganization of work have resulted in the improvement of Amica Educa's expertise and portfolio related to new services offered to citizens.
- Raising awareness about mental health and psychological empowerment, gender equality as well as providing support to citizens during the covid epidemic and strict prevention measures was done through published online content (Youtube, Facebook, Instagram) using different approaches: psycho-educational videos, campaigns on social media, online petitions etc. During 2020, the number of media announcements of TV and radio shows, articles and publications on web portals increased, which is a result of educating the team in this area. All of the above enabled the visibility of Amica Educa to the local community, Tuzla Canton and beyond.
- Networking with the governmental and non-governmental sector was a significant component of all projects. An important step forward was cooperation with the government sector, which was reflected in providing support for capacity building of employees in the sector, active participation in the creation of official documents (Gender Action Plans, Tuzla Canton Development Strategy) and lobbying activities.
- Existing cooperation has continued and new partnerships and cooperation have been established with international NGOs as well as new donors.
- In a period when it is extremely difficult to secure infrastructure financing, Amica Educa has managed to improve the infrastructure and thus the conditions in which clients/beneficiaries services is provided.

# Response and adaptation to the crisis caused by the COVID-19 pandemic

02

Due to various changes in society caused by the covid-19 pandemic, Amica Educa has developed and offered new activities and services to continue to provide support to citizens:

- During the first wave of the covid-19 pandemic in BiH, online and telephone psychological counseling in crisis was available to all citizens in need.
- Psychotherapy and counseling during the first wave of the pandemic was switched to online mode. This type of support continued for those clients who proved to be more appropriate.
- Psychoeducational videos with instructions and techniques for easier coping with stress, fear, anxiety were recorded and published on the social networks of the Association.
- A survey (online questionnaire) of citizens' needs related to gender-based violence in the crisis period caused by covid-19 was conducted. The answers were used to adjust the activities/services and develop new projects.
- An online educational quiz was published on social networks, which was related to the topics of gender-based violence, gender stereotypes, prejudice, discrimination and equality.
- Psychoeducational workshops, business skills workshops, handcraft (income generating) workshop, thematic workshops for support groups, etc. were recorded and published on social networks for participants who could not directly participate in project activities due to covid-19 restrictions.
- Online support to children in crisis situations (psychoeducational videos and online workshops) were offered
- In the periods of lowering of covid-19 restrictions, direct continuation of work (workshops, groups, individual work, etc.) continued to be realized in compliance with hygienic-epidemiological prevention measures.



## 3.1. Psychoeducational workshops for individuals and families in need, people interested in personal growth and development, and professionals in helping professions



Within the psychoeducational program, a total of 86 days of workshops were realized, in which 152 participations were recorded (142 women and 10 men). Out of this number, 90% of participants were persons in a state of psychosocial need and persons who participated in order to improve their own mental and social health. 10% of the participants were professionals in helping professions (educational, health and social workers, psychologists, pedagogues, social pedagogues, educators-rehabilitators, etc.).

Within the program of psychoeducational workshops offered and open to all interested citizens, in 2020 the following topics were realized: Creative expressive painting, Family relationships and dynamics, Communication and empathy, Positive discipline and Art therapy.

Participants who came to the workshops in a state of psychosocial need or with the intention of improving own mental and social health, report on the general improvement of quality of life, adoption and application of stress reduction techniques, finding solutions to establish healthy boundaries, increase self-care and establishing healthy and functional ways to overcome various life challenges.

Professionals report on the acquisition of new knowledge and skills that affect the improvement of their social / pedagogical / health services and relationships with clients / users / students, etc. At the same time, professionals emphasize the importance of preventing and reducing burn-out symptoms that have been influenced by experiential learning and working on oneself while participating in workshops.



### 3.2. Workshops on psychosocial and socio-economic empowerment of unemployed women (Živinice)

Project Empowerment of women for community action which is implemented in the city of Zivinice, included work with 67 unemployed women. A total of 15 days of direct workshops and 41 online workshops/sessions in the field of business education, handcraft (income generating workhops) and personal/soft skills improvement group was realized.

The internal evaluation of the project shows the achievement of the following results and changes in the participants: improved healthy psychological functioning, increased self-confidence and self-

esteem, taking greater control over their lives, setting equal importance of their own needs and rights with the needs and rights of other family and community members. At the same time, workshop participants report an increase in visibility in the social environment by taking a more active role and position in making decisions concerning their family and social life. About 30 project participants also report the realization or increase of their own income through the production and sale of their products, temporary engagement or employment.



### 3.3. Youth empowerment workshops Personal Skills and Employability Skills

As part of the regional project Youth Empowering Enabling Prospect (YEPP), Amica Educa realized the trainings from Next Economy Methodology, which includes educating young people in the field of personal skills and employability skills. A total of 40 days of workshops and 7 days of coaching sessions were realized for a total of 19 young people (divided into 2 groups) who come from socially vulnerable categories, young people who are in need for psychosocial support but also for increase of employability skills.

All participants point out that through training they have developed skills that are not provided through

formal education, they feel supported and empowered and leave the project with clearly created goals and plans for the future. All have adopted skills and knowledge that will enable them to better position themselves in the labor market. Several young people were given internships or work placements in cooperation with the private and government sectors, in accordance with their individual development plans and preferences. In addition to their experiences, these young people had the opportunity to confirm the choice of their profession and further enrich their biography, some of them received scholarships, professional training and work tools.

The activities realized within the Family / Psychological Counseling Center are intended for solving psychological problems, improving the mental and social health and functioning of the citizens of Tuzla and Tuzla Canton.

The covid-19 pandemic crises has significantly affected the mental health of citizens and increased the need for psychological support in

the community. The number of citizens seeking psychological support in the Center has significantly increased compared to the previous year. In 2020, the total number of clients and beneficiaries (adults, youth and children) of psychosocial and psychotherapeutic counseling was 278 (194 women and 40 men), who were involved in one or more of 653 sessions and / or workshops.



## 4.1. Urgent support and provision of information through SOS telephone

The total number of citizens who were provided with support using SOS phone is 88 (68 women; 20 men). Out of this number, 72 people received support in the crisis moment (after which most of them were involved in psychotherapy) and related to the following issues: anxiety, depression, social phobias, post-traumatic stress disorder, suicidal thoughts, partner and marital crises, difficulties related to long-term unemployment, difficulties related to illness (own or other family members), problems with family members (same-sex couple),

problems after divorce (single parents), mobbing, lack of self-confidence and self-esteem, the need for supportive psychotherapy after mental stabilization and psychiatric treatment (as recommended by a psychiatrist).

14 SOS telephone callers needed various information or other support, mostly legal, material and / or financial. For 55 persons (of which 43 children) material support was provided: one-time financial support; donation of medicines and distribution of New Year's packages to children.





## 4.2. Psychotherapy and counseling

A total of 443 psychotherapy sessions (394 individual, 5 partner / family and 44 group psychotherapy) were held for a total of 62 clients who experienced acute or chronic psychological problems. 62 sessions were held online while the rest were held live in compliance with all prescribed epidemiological measures.

One part of the clients turned directly to the counseling center for support, while one part was sent from the Tuzla and Živinice Mental Health Centers, the Psychiatric Clinic, the Institution for Education of Persons with Mental and Physical Development Disabilities and the Center for Social Work. Several clients, after the first counseling session, were referred for evaluation to mental health institutions for additional assessment (in cases of suicidal thoughts or severe mental disorders).

The results and changes achieved in working with

clients are mainly related to improved psychological and social functioning, adoption and application of stress reduction techniques, increased self-confidence and self-esteem, strengthened personal boundaries and improved management of difficult emotions and stress. In addition, changes are evident in the reduced frequency of obsessive thoughts and anxiety/panic attacks, the development of new strategies to reduce compulsive behaviors and phobias, the adoption of realistic perceptions of reality and increased awareness of feelings and needs. Clients also report increased motivation and engagement in socially stimulating activities, networking and the use of their own resources in solving specific life situations.

In addition to working with the citizens of Tuzla Canton, within the Family / Psychological Counseling Center, 24 supervision sessions were held for therapists and team members of the Association.

### 4.3. Psychoeducational and creative support for children

15 children (6 boys and 9 girls) of primary school age were supported through 47 workshops. The workshops provided support and stability to the children, helping them to understand their experiences, understand the epidemic situation and to develop the resilience and resources needed to cope with difficult and limiting situations. Also, children perceived increased self-confidence and self-awareness, improved

verbal and nonverbal expression, development of empathy and cooperation with others, increased creativity and concentration, successfully overcoming unrealistic fears and adopting healthy ways of psychological and social functioning. In order to provide continuous support to our youngest users, during strict infection prevention measures, the content was transmitted through video materials or online workshops.



### 4.4. Other support activities

In addition to the above described services, Family / Psychological Counseling Center also offered the following services: Psychosocial group support for women Universal Dances of Peace and Reiki; Recreational exercises for women and the Self-help Group Family Dynamics. These activities included working with a total of 58 people who

were psycho-physically empowered and supported in adopting healthy ways of functioning and improving the quality of life in general. A total of 52 sessions and group meetings were held, which is a significant decrease compared to the planned number and caused by COVID prevention measures.



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# Gender Equality Program

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## 5.1. Breaking the Silence on Gender Based Violence

From January to July 2020 the project was implemented in the elementary school Solina (continuation of activities that began in 2019). 300 school children were involved following activities: workshops, online art exhibition and competition and final survey on changes in attitudes of children related to gender equality. A sports day was planned but not held due to the epidemic. Additional activities were organized in response to the covid situation: Instagram quiz on equality and prevention of gender-based violence, a photo contest that reached 150,000 people and whose photos are included in the creation of the calendar Different but equal. The results are reflected in changing children's attitudes and rethinking gender roles, overcoming them as a cause of gender-based violence and understanding equality in the social and family context



From July to December 2020, the project was realized in the elementary school Mramor (which also has two regional schools). The Cooperation agreement was signed, and the approval of the Ministry of Education and Science of Tuzla Canton was obtained for the implementation of activities. The project continues in 2021, by the end of 2020 the following activities related to the prevention of gender-based violence have been implemented: 20-day training for 12 volunteers who conduct workshops for children under supervision; two one-day workshops for 23 teachers and professional staff; 3 forum performances were prepared but not held; 13 workshops were held for 174 children; initial survey of 416 children on attitudes related to gender equality. All activities were implemented in compliance with the measures of the crisis headquarters.



## 5.2. Empowered - Active in the Labor Market



23 women (divided into 2 groups) were involved in following project activities: Personal Skills Workshops (2x12 days); Business Skills Workshops (2x12 days) and Digital Literacy Training (2x12 days). 17 women have completed all trainings and report: increasing knowledge about the areas in which they were trained; improving self-confidence, improving communication skills, better self-esteem; a better understanding of gender relations and their rights as women. Participants showed an increase in social engagement and activism, some of them are active in local associations and multiply the acquired knowledge in

their community. Some of the participants took part in the elections as observers, while some decided to get involved through humanitarian work such as collecting basic foodstuffs, helping migrants, sewing masks and the like. All participants report increased knowledge of CV writing, business idea and plan development, and significant improvement of computer-related skills and knowledge, which is extremely important to them because their experience is that employers require this knowledge. 4 participants found employment during the project and did not continue to participate.



### 5.3. March for March 8th



In cooperation with 7 other local NGOs (Revolt, Tuzla Open Center - TOC, Femstil Center, Islamic Relief Bosnia and Herzegovina, HO Horizonti, Women's Vision, Tuzla Citizens' Forum), Amica Educa organized and realized a march on March 8th under the slogan "Silence does not protect us!". The aim of the march was to point out the problem of violence against women in our society. The Proclamation was created and read at the end of the event.

### 5.4. 16 Days of Activism against Gender-Based Violence



As contribution to global campaign 16 Days of activism against gender-based violence, on November 29th, 32 Amica Educa's volunteers walked through city center carrying banners with myths and facts about gender-based violence. Citizens got involved by guessing which banner is a myth and which is a fact, they could also

take pictures with a couple of myths and facts and post pictures on social networks with hashtag #16mitovaicinjenica #16danaaktivizma #volontiranjeuamici. The event contributed to the education of citizens on gender based violence, promotion of campaign 16 days of activism and the Association Amica Educa.

- Active participation in the Cantonal Committee and the Working Group for the creation of the Development Strategy of Tuzla Canton (period 2021 - 2027).
- Activities of lobbying and representation of interests in the Government of Tuzla Canton for co-financing the Family / Psychological Counseling Amica Educa, included meetings with the Prime Minister of Tuzla Canton, a representative of the Ministry of Labor, Social Policy and Return and a representative of the Ministry of Finance. Lobbying activities will continue during 2021.
- The Ministry of Labor, Social Policy and Return of Tuzla Canton supported Amica Educa in the process of external evaluation and creation of an information brochure (within the project implemented by CARE International) giving an opinion about the work of Amica Educa and on the existing cooperation.
- City of Živinice - based on successful long-term cooperation in the implementation of the project Empowerment of Women for Action in the Community, City of Živinice has submitted a letter of recommendation to the Association. Cooperation with the City was also achieved through the participation of the Amica Educa representative in the working group for the development of the



Gender Action Plan in the City of Živinice, in cooperation with the Gender Center of the Federation of BiH and the NGO Nešto više.

- Home for Children Without Parental Care - a Cooperation Agreement was signed. The focus of cooperation in 2020 was on the YEEP project where the protégés of the Institution were involved in project activities.

- Center for Social Work Tuzla (CSR) - intensified cooperation through the participation of CSR representatives in the development of the Internal Protocol of the Family / Psychological Counseling Center Amica Educa, and the presentation of the services of the Counseling



Center and the referral protocol of CSR users. Cooperation also has been intensified through the YEEP project and the project Improving Social Services through Strengthening NGOs in BiH.

- Center for Mental Health Tuzla (CMZ) - continued cooperation in the field of protection and improvement of mental health of citizens of Tuzla Canton. A representative of CMZ participated in the meeting of development of the Internal Protocol of the Family/Psychological Counseling Center Amica Educa.

- Primary schools in Tuzla - continued existing and achieved new cooperation with 2 primary schools in Tuzla related to the implementation of the project Breaking the Silence on Gender-Based Violence.

- CARE International Balkans - cooperation on the project Improvement of Social Services through Strengthening NGOs in B&H continued.

## Amica Educa has established and / or continued cooperation with institutions, non-governmental organizations and the private sector from Tuzla Canton and Bosnia and Herzegovina:

- SOS Children's Villages BiH - started cooperation on the implementation of the regional project Youth Employment Enabling Prospects (YEEP) with the aim of improving employability of young people in the labor market. Through the project, cooperation

Association, Tuzla Citizens' Forum.

- NGO Horizonti Tuzla - cooperation was reflected in the engagement of Amica Educa's gender projects coordinator for the realization of 1 video lecture on topic History of Women's Movement in B&H.

support beneficiaries of Amica Educa through donations that respond to their specific needs. The focus of support in 2020 was young people, beneficiaries of the YEEP project.

- Tuzla Open Center (TOC) - cooperation continued through the engagement of an expert of the Association in conducting workshops on gender and gender discrimination.

- Big Ben Center - donated packages with school materials for children and youth at risk which were distributed by Amica Educa.

- Selo mira Turija - donated New Year's packages for 50 children at risk and in a state of social need, beneficiaries of Amica Educa

- Private sector - within the regional project Youth Employment Enabling Prospects (YEEP) cooperation with the private sector was achieved and 6 Memorandums of Cooperation were signed with following companies: Genelec doo, Osteopathic Center Panta Rei, Center for Foreign Languages Big Ben, Viba doo, RestoBar Hashtag Author, Restaurant Pizza Garden. In addition, for supporting the beneficiaries of the project, the cooperations have increased visibility of the Association and opened opportunities for future cooperation.



was achieved with: Ministry of Labor, Social Policy and Return of Tuzla Canton, Center for Social Work, Home for Children without Parental Care and two NGOs in Sarajevo and Banja Luka. Contact and cooperation has been established with companies in private sector that can contribute to the employability of young people.

- Networking with 7 local non-governmental organizations on the organization and implementation of the March for March 8th. Cooperation was achieved with: Youth Movement Revolt, Tuzla Open Center - TOC, Femstil Center, Islamic Relief Bosnia and Herzegovina, HO Horizonti, Women's Vision

- NGO Nešto više (Sarajevo, Banja Luka and Mostar) - cooperation through the engagement of Amica Educa's gender projects coordinator for the implementation of 6 online workshops for members of working groups for the development of Gender Action Plans in 5 local communities. Cooperation continued in the application for two projects. The project Development of a Training Program for Members of Municipal / City Gender Equality Commissions in Bosnia and Herzegovina has received funding from the EIDHR and implementation in partnership will begin in January 2021.

- NGO Radost - continues to

## • Human resource development

- Part-time employment (for a period of two years) of a person for the position Project Coordinator within the project Development of a Training Program for Members of Municipal / City Gender Equality Commissions in Bosnia and Herzegovina.
- Education of Amica Educa staff in the field of organization development (communication and advocacy, communication with the media, result based project management, evaluation and monitoring of projects, online education and digital tools) as well as topics related to the organization's expertise, Gestalt psychotherapy education, Systemic family therapies, EMDR therapy), Gender equality, Nonviolent



communication, Dances of universal peace, etc., and training of trainers of New Economy methodology (in the field of Life skills and Employability skills in working with young people).

## • Engagement of professional staff of Amica Educa by institutions and organizations

- IN Foundation - 6 days of training of independent coordinators / representatives of primary schools from Banja Luka, Bijeljina, Doboj and Tuzla for the implementation of Family Group Conferences;
- World Vision B&H, Office in Tuzla - 8 workshops for young people in three municipalities, on the topic of increasing employability. The cooperation agreement has been signed and realization of the workshops will



be at the beginning of 2021.

- SOS Kinderdorf BiH enabled Amica Educa employee participation on training for trainers of the Next Economy Methodology, and within the YEOP project activities she was engaged as trainer for professionals involved in working with young people.
- Article was written about the Festival of Lifelong Learning in B&H, which was published in a brochure printed for the occasion of celebrating 20 years of dvv-international.
- Giving interview for a doctoral dissertation on the topic of Marriage in Bosnian-Herzegovinian society, challenges of counseling.
- Representative of Amica Educa recorded a short video lecture on the History of the Women's Movement for the Association HO Horizonti Tuzla as part of the campaign Women's Political Activism in Tuzla Canton.
- Representative of Amica Educa was panelist in the panel Interpersonal Relationships without Violence in Tuzla, organized by the Boris Divković Foundation.



## Amica Educa is continuously working on organizational development and increasing visibility, in 2020 it was reflected in following activities:

### • Development of new and improvement of existing documentation, procedures, etc.

- The Document on Procurement procedures was developed and adopted
- Completed external evaluation of Amica Educa programs including period 1996-2019
- Midterm Plan for period 2020-2022 has been developed
- Revised and improved Internal Protocol of the Family / Psychological Counseling Center (in cooperation with the experts of the Center for Social Work, Center for Mental Health Tuzla and the Clinic for Psychiatry)



### • Advocacy activities for co-financing work of the Family / Psychological Counseling Center Amica Educa from the funds of Tuzla Canton Budget

Amica Educa delivered to the Ministry of Labor, Social Policy and Return of Tuzla Canton in 2019 a Request for Co-financing the Work of the Family/Psychological Counseling Center. Within the Budget Request for drafting the Tuzla Canton Framework Budget (document for the period 2021 – 2023), the Ministry expressed the need to open a new budget position - co-financing the

services of the Family Counseling Amica Educa. This was delivered to the Ministry of Finance of Tuzla Canton. During the year, with the same goal, meetings were held with the Ministry of Labor, Social Policy and Return of Tuzla Canton, the Ministry of Finance of Tuzla Canton, and with the Prime Minister of Tuzla Canton. Advocacy activities will continue in the future.



## • Increasing the visibility of the organization in the community

- Updating the website and profiles on social networks (Instagram 598 followers and Facebook 3071 followers).
- Posting 23 new videos on you tube channel, of which 9 self-help videos and 9 videos of online creative workshops.
- A 15-minute promotional video was filmed showing Amica Educa activities, presented by the team, beneficiaries, consultants and one representative of cooperating institution. The video was commercially shown on cantonal television and posted on social media and YouTube channel. 6 short thematic videos were also recorded and can be used for promotional purposes.
- Within the Project Improvement of Social Services through Strengthening NGOs in BiH, a Brochure of Successful Practice was created in which the work, achieved results, and significance of Amica Educa for the community and beneficiaries were presented.
- 107 media announcements: 21 TV appearances at federal and local level, 12 radio announcements and 74 announcements on web portals
- Online petition was created and promoted in the period August-September, inviting citizens to sign the support initiative for funding the Family / Psychological Counseling through the budget of the Government of TK. The petition was signed by 728 citizens.



## • Improving infrastructure

- The replacement of windows in the entire building has been completed
- Three doors on the ground floor were replaced and sound insulation was provided
- Improved furnishing of two therapeutic rooms on the ground floor
- A wheelchair ramp is installed at the entrance to the building

## • Fundraising

- Applied with 13 project proposals, of which 9 were approved and 4 rejected



AMICA EDUCA

## Donors in 2020

08

During 2020, the activities of the Amica Educa Association were financially supported by the following donors / foundations / organizations:

- Amica Schweiz
- cfd - The Feminist Peace Organisation
- SOS Dječija sela - BiH (SOS Kinderdorf BiH)
- Care International Balkans
- Ministry of Labor, Social Policy and Return of Tuzla Canton
- City of Tuzla
- Friedensbrugg
- Ndl Network of Dances of Universal Peace



PSYCHOEDUCATIVE PROGRAM 2020									
TOPIC	STATUS					TOTAL	GENDER		Number of workshops
	Employed	Unemployed	Student	Pensioners	Houswives		Men	Women	
Business Skills	0	16	0	0	0	16	0	16	6
Peer group Psychoeducation	0	16	0	0	0	16	0	16	2
Peer group Business	0	22	0	0	0	22	0	22	4
Handcraft	0	13	0	0	0	13	0	13	3
Family Dynamik	7	4	1	1	0	13	0	13	6
Communication and Empathy	2	9	0	3	0	14	0	14	9
Positive Discipline in Raising the Children	4	5	2	0	0	11	0	11	6
Art Therapy	2	4	2	1	0	9	0	9	3
Youth in the labor market 1 (Personal skills and employability skills)	0	1	7	0	0	8	3	5	23
Youth in the labor market 2 (Personal skills and employability skills)	0	4	7	0	0	11	2	9	17
Coaching session for youth in the labor market	0	5	14	0	0	19	5	14	7
<b>TOTAL</b>	15	99	33	5	0	152	10	142	86
<b>%</b>	9,9	65,1	21,7	3,3	0,0	100	6,6	93,4	



<b>FAMILY / PSYCHOLOGICAL COUNSELING CENTER 2020</b>										
ACTIVITY/SERVICE	STATUS						TOTAL	GENDER		Number of session/workshop
	Employed	Unemployed	Student	Pensioners	Houswives	Children		Men	Women	
SOS phone	26	35	14	8	1	4	88	20	68	97
Informative (direct) and material support	0	11	1	0	0	43	55	3	8	14
Individual psychotherapy and counseling	6	21	7	3	0	3	40	7	33	291
Individual psychotherapy and counseling in Živinice	0	9	0	0	0	0	9	0	9	103
Family and couple psychotherapy and counseling	1	0	2	0	0	1	4	1	3	5
Group psychotherapy and counseling	0	9	0	0	0	0	9	2	7	44
Psychoeducative and creative workshops for children	0	0	0	0	0	15	15	6	9	47
Psychosocial support for women - Dances and Reiki	10	1	0	7	2	0	20	1	19	10
Physical recreation exercises for women	7	0	0	22	0	0	29	0	29	40
Selfhelp group - Family Dynamics	7	1	0	1	0	0	9	0	9	2
<b>TOTAL</b>	<b>57</b>	<b>87</b>	<b>24</b>	<b>41</b>	<b>3</b>	<b>66</b>	<b>278</b>	<b>40</b>	<b>194</b>	<b>653</b>
<b>%</b>	<b>20,5</b>	<b>31,3</b>	<b>8,6</b>	<b>14,7</b>	<b>1,1</b>	<b>23,7</b>	<b>100</b>	<b>14,4</b>	<b>69,8</b>	



GENDER EQUALITY PROGRAM 2020								
PROJECT / ACTIVITY	STATUS				TOTAL	GENDER		Number of activity
	Employed	Unemployed	Students / school children	Pensioners / Housewives		Men	Women	
Osnažena: IT literacy workshops for unemployed women	0	23	0	0	23	0	23	24
Osnažena: Psihoeducational workshop for unemployed women	0	23	0	0		0	23	24
Osnažena: Business Education for unemployed women	0	23	0	0		0	23	24
Breaking the Silence on GBV: Workshop for children	0	0	393	0	393	182	211	25
Breaking the Silence on GBV: Volunteer training	0	2	10	0	12	1	11	20
Breaking the Silence on GBV: Workshop for teachers	25	0	0	0	25	5	20	2
Gender Mainstreaming Education for representatives of institutions	11	0	0	0	11	2	9	2
Gender equality as a precondition for social progress - Online workshops	60	0	0	0	60	19	41	6
Workshop Gender and Sexuality for members of the Tuzla City Youth Council	0	0	20	0	20	5	15	2
<b>TOTAL</b>	<b>96</b>	<b>71</b>	<b>423</b>	<b>0</b>	<b>544</b>	<b>214</b>	<b>376</b>	<b>129</b>
<b>%</b>	<b>17,6</b>	<b>13,1</b>	<b>77,8</b>	<b>0</b>	<b>100,00</b>	<b>39,3</b>	<b>69,1</b>	

OTHER ACITIVITES / SERVICES 2020		
Activity / service	Number of persons	No of activity / service
Round table Economic and Social Empowerment of Women	26	1
Protest walk (8 of March) Silence does not protect us	200	1
Street campaign Myths and Facts within 16 days of activism against gender based violence	32	1
Promotional and sales fair for the beneficiary of the project Strengthening Women's Actions in Community - Živinice	6	1
<b>TOTAL</b>	<b>264</b>	<b>4</b>

<b>Total number of persons / participation and realized activities / services in 2020</b>		
	<b>Number of persons / participation</b>	<b>Number of activities / services</b>
Psychoeducative program	152	86
Family/ Psychological Counseling Centre	278	653
Gender Equality Program	544	129
Other Activities and Services	264	4
<b>TOTAL</b>	<b>1238</b>	<b>872</b>

<b>ONLINE ACTIVITIES 2020</b>		
	<b>People reached</b>	<b>No of activity</b>
<b>Psychoeducative program and Psychological/Family Counseling</b>		
Instructions for maintaining healthy physical and mental habits during isolation	7.202	1
Information and instructions for providing psychological support to citizens by Amica Educa expert team	2.115	1
Information and instructions for reporting domestic and gender-based violence	2.328	1
Psychoeducational video - Art therapy Lemniscate	5.469	1
Psychoeducational video - How to recognize, control and reduce anxiety	7.778	1
Psychoeducational video - Art therapy - Mandala	2.444	1
Psychoeducational video - Diaphragmatic and soothing breathing exercise	2.768	1
Psychoeducational video - Healing breathing exercise	1.117	1
Psychoeducational video - Art therapy Perceptive drawing	2.124	1
Psychoeducational video - Humor and laughter as a tool in overcoming crises	1.200	1
Psychoeducational video - Art therapy Form drawing	2.325	1
<b>Gender Equality Program</b>		
Online questionnaire Preventive action in crisis situations	1.311	1
Instagram campaign - Quiz Prevention of gender-based violence	7.006	22
Art (drawing/painting) Contest Different but equal	17.392	1
Photo Contest Different but equal	157.727	5

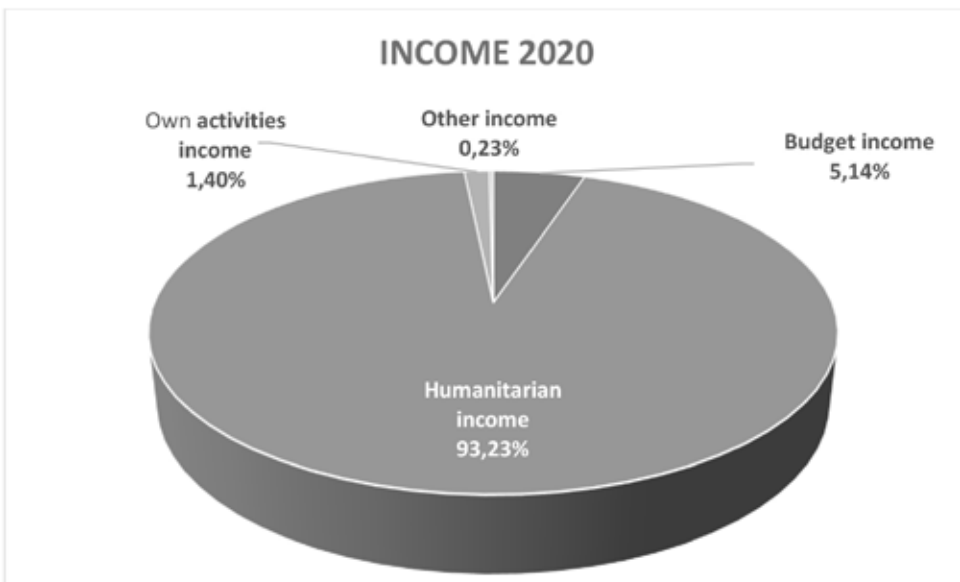
<b>Project Strengthening Women's Action in Community (Živinice)</b>		
Informative-scientific video regarding the prevention of the spread of the COVID pandemic	58	1
Instructions for maintaining healthy physical and mental habits during isolation	104	1
Entrepreneurial quiz for Business Education participants	83	1
Infographic - Tips for developing business ideas	99	1
Free promotion of activities, hobbies, etc.	82	1
Free promotion of activities, hobbies, etc.	108	1
Business education video - Consulting as an element of successful sales	114	1
Business education video - Products or service sales	100	1
Business education video - Steps in selling products or services	97	1
Business education video - Where and how to register an Association or Foundation	94	1
Business education video - The process of establishing the Association	93	1
Business education video - Administrative procedures and costs during the registration of the Association	87	1
Business education video - How to read and understand public calls for funding 1	99	1
Business education video - How to read and understand public calls for funding 2	79	1
Business education video - Creating a business plan 1	80	1
Business education video - Creating a business plan 2	71	1
Business education video - Creating a business plan 3	70	1
Business education video - Creating a business plan 4	71	1
Business education video - Creating a business plan 5	87	1
Business peer support group video - Public appearances and speeches	128	1
Business peer support group video - Branding a product or service	93	1
Business peer support group video - Promotional story of a product or service	32	1
Business peer support group video - Product packaging	100	1
Business peer support group video - Product photography on social media	94	1
Business peer support group video - My story, my change, my success	591	1
Psychoeducation peer support group video - My and other people's boundaries	129	1
Psychoeducation peer support group video - Stress	106	1
Psychoeducation peer support group video - Mine and other people needs	105	1
Psychoeducation peer support group video - Feelings	116	1
Psychoeducation peer support group video - Empathy	42	1
Psychoeducation peer support group video - The importance of working on yourself	134	1
Psychoeducation peer support group video - Gratitude	140	1
Handcraft workshop video - Felt baskets	130	1
Handcraft workshop video - Felt coasters	127	1
Handcraft workshop video - Bosnian dream catchers	120	1
Handcraft workshop video - Jewelry	117	1
Handcraft workshop video - Diarybook - bosnian souvenir	168	1
Handcraft workshop video - clay bowls	155	1
Handcraft workshop video - New Year's decorations	121	1
Handcraft workshop video - Crochet in a frame as a Bosnian souvenir	124	1
Handcraft workshop video - Pacifier ties and hair wreaths	137	1
<b>TOTAL</b>	<b>224.991</b>	<b>81</b>



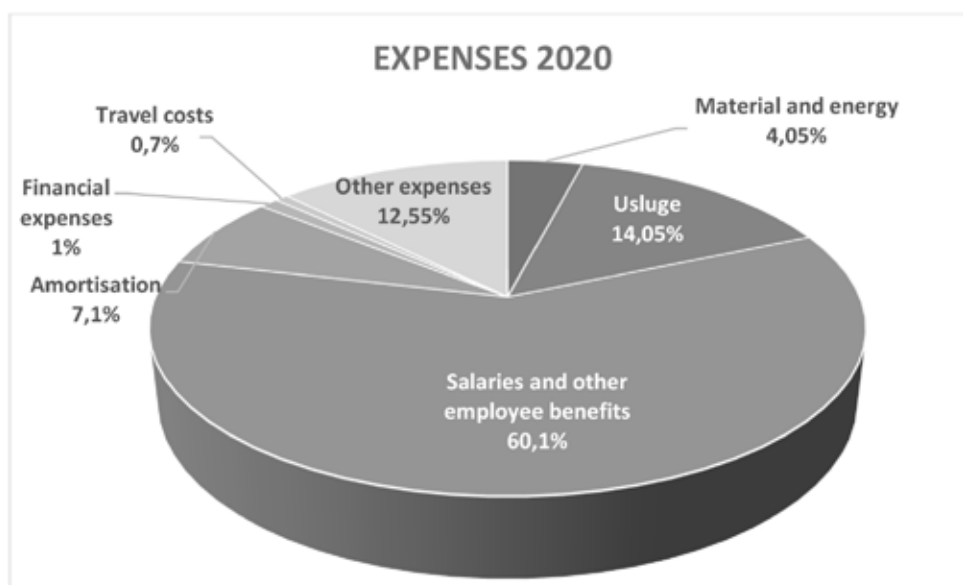
## 10.1. Income

Total generated income in 2020 accounting period iz 343.542 KM which in comparison to income in last year (368.091 KM) is decrease of 24.549 KM or 6.67%

OVERVIEW OF INCOME			
DESCRIPTION	Amount KM		%
	Year 2019	Year 2020	Year 2020
Budget income	13.890	17.650	5.14%
Humanitarian income	325.723	320.251	93.23%
Own activities income	4.531	4.815	1.40%
Other income	23.947	808	0.23%
<b>TOTAL INCOME</b>	<b>368.091</b>	<b>343.524</b>	<b>100%</b>



OVERVIEW OF EXPENSES			
DESCRIPTION	Amount KM		%
	Year 2019	Year 2020	Year 2020
Material and energy	14.748	14.058	4.05%
Services	55.151	50.364	14.5%
Salaries and other employee benefits	213.795	206.719	60,1%
Amortisation	22.062	24.562	7.1%
Financial expenses	2.166	1.899	1%
Travel costs	1.991	2.436	0.7%
Other expenses	57.933	43.444	12.55%
<b>TOTAL EXPENSES</b>	<b>367.846</b>	<b>343.482</b>	<b>100%</b>
Excess income over expenses	<b>245</b>	<b>42</b>	







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**Annual work report**

**AMICA EDUCA 2020**