



AMICA EDUCA

Annual Work report 2021



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AMICA EDUCA **2021**

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In 2021, through the implementation of 1,184 days of activities / services, Amica Educa supported 1,168 citizens (children, youth and adults) who were in need of psychoeducational, psychotherapeutic and counseling support or some other type of support that has a positive impact on their mental and social health and which contributes to the realization of their educational, health and socio-economic rights.

The most noticeable increase in the number of people supported through Amica Educa programs is the number of Family / Psychological Counseling clients (381 persons compared to 278 in 2020). After the first shock and retraumatization at the beginning of the covid-19 pandemic, long-term stress, anxiety and trauma were still present among the citizens. Also, more inquiries for psychotherapeutic support are the result of less mental health stigma. The changes achieved by the clients of the counseling center are related to improving functioning in areas where difficulties occur, especially in reducing anxiety and panic attacks, stress management, anger management, enabling the grieving process, reducing social phobias, learning and integrating coping skills and maintaining abstinence, motivations for eliminating addiction, etc.

In 2021, Amica Educa signed a Memorandum of Cooperation with the Ministry of Culture, Sports and Youth of Tuzla Canton, increased the number of projects aimed at young people and accordingly included working with 92 young people from the Tuzla Canton (TC). The young people involved in the project report an increase in self-confidence, self-esteem, easier coping with stress and difficulties in mental health. They have adopted knowledge that enables better functioning in society, primarily in the context of employment, which helps them to better position themselves in the labor market. In addition, they adopted knowledge of gender equality and pedagogical skills needed to conduct workshops with children. Volunteers of one of the projects created



online materials with a focus on destigmatizing the mental health of young people, whose posts on social networks reached up to 396,646 young people throughout BiH.

In partnership with the Association of Citizens "Nešto Više" and associates Gender Center of the FBiH Government and Gender Center of the RS Government, Amica Educa has started with realization of the project Development of Training Program for Members of Municipal Gender Equality Commissions in Bosnia and Herzegovina (2021-2023). The project aims at strengthening the role and position of women in political, social and economic processes, supporting local partnerships in establishing effective mechanisms for gender equality in local communities



in B&H.. The project includes 84 members of municipal / city commissions for gender equality in BiH who, after training in gender equality, reported on a better understanding of this area and increased involvement in the activities of commissions. The education of members has led to the active involvement of local authorities in the adoption of gender action plans in several communities and these activities will continue in 2022.

For the purpose of assessing the situation and needs, Amica Educa prepared an Analysis on Gender Equality and Mental Health of Youth in Tuzla Canton. Representatives of government institutions and other institutions as well as representatives of civil society organizations participated in the analysis, which contribute to the destigmatization of mental health (youth), the promotion of gender equality and peacebuilding.

Amica Educa continued the existing but also established new forms of cooperation with the government, institutions and CSOs. The most significant result of these collaborations is the inclusion of Amica Educa in the budget of the Government of Tuzla Canton for 2022 as a regular non-project beneficiary, which provided longer-term co-financing of the Family / Psychological Counseling. Amica Educa also contributed to the development of Tuzla Canton and the improvement of the rights and status of its citizens by participating in the Cantonal Committee and the Working Group for the Development Strategy of TC 2021-2027 and by

joining the Coordination Committee for Monitoring the Implementation of the Gender Action Plan 2021. - 2024 for TC (which is under the jurisdiction of the Ministry of Labor, Social Policy and Return of TC).

There are more and more inquiries from institutions and non-governmental organizations about Amica Educa's engagement as a provider of services in non-formal education and/or support in the psychosocial and socio-economic field. Accordingly, in 2021 Amica Educa has realized workshops, trainings, presentations, etc. for the Faculty of Philosophy, University of Sarajevo, Secondary Medical School Tuzla, World Vision BiH, Tuzla Community Foundation, Center for Community Services and others.

In 2021, Amica Educa worked on branding, developing a visual identity, creating quality content for the visibility of the organization and establishing cooperation with the media. Accordingly, Amica Educa had a total of 38 media announcements: 12 TV appearances at the federal and local levels and 26 articles and announcements on web portals.

In order to improve the conditions for providing services to the users/beneficiaries, significant works in 2021 were also related to the infrastructure of the Association: three interior doors were replaced; wooden floors have been restored; painted walls and a completely renovated parking lot in the yard.

In addition to maintaining cooperation with existing donors and ensuring continued funding for 9 projects in 2021, Amica Educa has applied for 5 new calls for projects, of which all 5 have been approved.

2.1. Psychoeducative workshops for people in a state of social need, people interested in personal growth and development and professionals in supportive professions

As part of providing psychoeducational support services during 2021, Amica Educa conducted the following psychoeducational workshops: Family dynamics, Positive Discipline in Raising Children, Sexual Abuse in Childhood, Personal and Business Skills, Music Therapy with Drums, Art therapy, Art History and Universal Peace Dances. A total of 43 days of workshops were realized and work with 120 people (113 women and 7 men) was included.

Of the total number of participants in psychoeducational workshops, 68% were persons in a state of psychosocial need, persons who are interested in personal growth and development and want to improve their own mental and social health. These individuals reported improving their psychological well-being and mental health,

reducing stress and anxiety, increasing self-esteem and self-satisfaction, improving daily functioning in different private and social contexts, establishing and maintaining better partnerships and family relationships, adopting healthy and positive habits and behaviors, reducing conflict situations and easier finding solutions for overcoming various life difficulties.

32% of the total number of participants were professionals in supportive professions (teachers, health care professionals, social workers, psychologists, pedagogues, social pedagogues, rehabilitation educators, etc.). In addition to the same changes reported by people who attended the workshops for personal empowerment, professionals additionally reported on reducing burn-out symptoms, multiplying and applying learned knowledge, skills, techniques within their profession that have a positive impact on the quality of their social / pedagogical / health care service and relationships with their clients / beneficiaries.



2.2. Psychoeducative workshops and training for youth

In 2021, Amica Educa implemented projects intended for young people (16 to 30 years old) and included work with a total of 92 young people (70 young women, 21 young men and 1 young transgender person) from the Tuzla Canton.



2.2.1. Youth as Social Changemakers

Project Youth as Social Changemakers covering the period January 2021 - December 2023, aims to increase young people's involvement in social changes focusing on mental health, gender equality and peace building. In 2021, the workshops Youth Mental Health, Nonviolent Communication and Gender Equality (in total 36 days) were realized as well as individual and group psychotherapy sessions (in total 40 sessions). The total number of young people involved in one or more project activities is 40 (30 women, 9 men and 1 transgender person).

Young people reported increased knowledge

related to the project focuses (workshop topics) as well as personal empowerment, improving self-confidence and self-esteem, easier coping with stress and various difficulties in psychological and social functioning.

Project volunteers created online materials that were published on the newly opened project facebook and instagram page. The materials produced are related to destigmatizing of the youth mental health, promoting gender equality and peace building. Total reached on both social network pages is 396.646. Out of these number it was in total 16.158 post engagements and content interactions (this number shows posts opening, likes, sharing etc.).



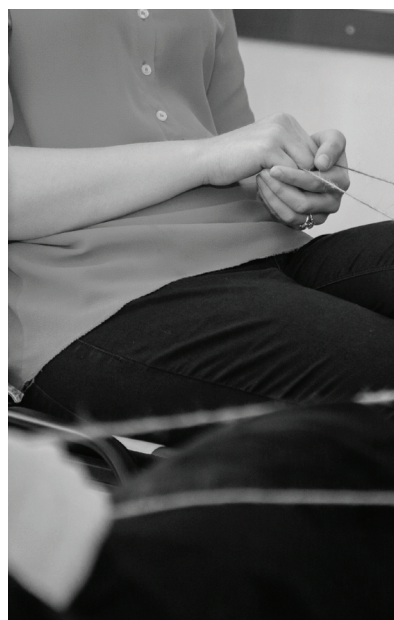
2.2.2. Youth Empowerment Enabling Prospects - YEEP!

Regional project (realized in cooperation with SOS Kinderdorf BiH) covering the period June 2020 – June 2022, aims to strengthening socio-economic integration of young people in risk.

In 2021, trainings based on the Next Economy Methodology included empowering (individually or dispersed in 2 groups) young people (43 young persons, 33 women and 10 men) in field of personal skills and employability skills, as well as coaching sessions (in total 32 sessions). With each young person Individual development plan was created and

monitored.

Young people reported on increased self-awareness, self-confidence, self-esteem, better communication and problem solving skills, they also perceived more structure in life and support through goals they created. All of them adopted skills and knowledge that enables them to function better in social surroundings, primarily in employment context helping them to position better in the labor market. In 2021, 5 young persons from the project have found employment or internship, and they report that knowledge and support they received through the project has enabled them to stand out in employment market and find employment.



2.2.3. Training of young people / volunteers within the project Breaking the Silence of Gender Based Violence

Training of 9 young people/volunteers was organized as a part of the project Breaking the Silence of Gender Based Violence. Training included 20 days of workshop and mentoring on the topic of prevention of Gender-Based Violence and Pedagogic and Creative Methods for Creation of Workshops. Out of this number, 6 young people/volunteers were selected to work with school children, beneficiaries of the project.



Activities and services within the Family / Psychological Counselling Centre are intended to address psychological problems, to support individuals and families with dysfunctional family relationships caused by conflicts in partners' relationships, parenting, family violence and other crisis situation, to improve mental health and quality of life of citizens in Tuzla and Tuzla Canton who are in need of this kind of support. The types of services offered within counseling include counseling, psychotherapy and psychoeducative support.

In 2021, the total number of clients and beneficiaries of Family / Psychological Counseling

Centre services was 381 (294 women and 87 men) for whom a total of 938 services / activities were provided. Compared to the previous 2020, there was an increase of 37% related to the number of clients / users and 44% related to the number of provided services.

According to Amica Educa professional staff, the reasons for the increase in the need for services by citizens have situational / contextual roots and are related to exposure to long-term stress and insecurity caused by the Covid-19 pandemic as well as unstable political and deteriorating economic situation in the country.



3.1. Counselling/informative support through SOS telephone, social networks and direct contact have been provided to 190 persons (142 F, 48 M). Most people needed urgent psychological support (after which they were involved in psychotherapy). Some people asked for different information or needed some kind of material or financial support.

3.2. Individual and group psychotherapy and counseling

128 people (28 men and 100 women) were involved in individual or group psychotherapy. A total of 602 psychotherapy sessions were organized. The results achieved in working with clients of counseling and psychotherapy are mostly related to personal growth, improved functioning in all areas of life. The improvements are reported in terms of increased energy levels and willingness to engage in various activities (by clients with depression), reduced or totally stopped panic attacks, adopting the stress

management techniques, anger management techniques, allowing the mourning process (that was delayed) and integrating the losses (by clients who lost loved ones), reduced social phobias, learning and integrating skills to cope and maintain the state of abstinence and motivation for eliminating the addictions, etc. Most of the clients were able to learn how to strengthen personal boundaries, techniques to reduce stress, increase self-care, self-confidence, self-esteem and improve their social functioning. For some clients, progress was only to begin to speak about traumatic events and to overcome resistance, frequent absences and session delays.



3.3. Psychoeducative and creative support for children

were held for 3 groups of children (in total 26 children). As a response to the specific need of children in public care system, one group was created in cooperation with Home for Children Without Parental Care. Through social games, art therapy techniques and other creative models, children have improved their social and communication skills, self-expression and creativity. Parents and care takers perceive significant improvement in children's behavior and self-confidence. Additionally, one workshop is held during the Children's week in October aimed at education children and promoting their rights.

3.4. Other supporting activities

Within the Family / Psychological Counseling Centre in 2021, a total of 84 sessions of psychosocial support were organized for a total of 37 people (2 men and 35 women) through Universal Peace Dances, Reiki and group recreational exercises.

4.1. Development of the Training Program for Members of Municipal / City Commission for Gender Equality in B&H

The project is supported by the Delegation of the European Union to Bosnia and Herzegovina and led by the Association of Citizens “Nešto Više” and “Amica Educa” in cooperation with the Gender Centre of the FBiH Government and the Gender Centre of the RS Government.

Project aims to strengthen the role and position of women in political, social and economic processes, support local partnerships in establishing effective mechanisms for gender equality in local communities in B&H. Women’s participation in policy design and development is an indicator of the democratization

of institutional mechanisms and the promotion of the social position of women as a key category that has ideas, creativity, diversity and development potential.

The workshops on “Institutional mechanisms and legal regulations for gender equality” and “Understanding the concept of gender equality and civic activism for its achievement” were realized in 16 days in total. The total number of participants (gender equality commission members) involved in one or more workshops is 84. They report increased knowledge in the field of gender equality, as well as personal empowerment, improved understanding of the topic and involvement in discussions and activities of their commissions at local levels.

The education of members has led to the active involvement of local authorities in the adoption of gender action plans in several communities, and these activities will continue in 2022.



4.2. Breaking the silence of Gender Based Violence

The project aims at prevention of gender based violence through information, education and communication on social values that uphold equal rights and respect for all community members regardless of their gender. As being realized in primary schools in Tuzla, the project cycles follow the duration of school years and cover the period from July of one year to June of next year.

From January to July 2021 project was realized in Elementary school Mramor and included appx 450 school children. Activities realized during this period

were: 15 workshops on Prevention of GBV for 250 children from 1st to 9th grade; Online Art exhibit and contest (on Amica Educa Facebook page that reached over 3000 people and had over 400 engagements; 10 winners were selected and given appropriate awards; 10 winning paintings were used to create project posters for school and community; 12 videos on gender equality created by project volunteers with reach of over 12000 people; purchase of three tablets that are issued to school children based on need for online classes; Completed end of the project survey with appx. 400 school children; additional volunteers training for addressing the challenges of working with children caused by covid restrictions.

From July to December 2021 project was realized in Elementary school Mejdan. Activities realized during this period were: 20 days workshop and mentoring for 9 potential volunteers on the topic of prevention of Gender-Based Violence and Pedagogic and Creative Methods for Creation of Workshops, selection of 6 volunteers for work on the project; 2 workshops for 19 teachers and staff

members on the topic of prevention of Gender-Based Violence; Forum plays created for 3 different age groups (realisation is planned for spring 2022); One forum play held for 30 Amica Educa beneficiaries to mark start of the 16 Days of Activism Against GBV; 4 workshops on Prevention of GBV held for total of 81 children from 1st to 3rd grade; Completed beginning of the project survey with appx 250 school children.



4.3. Empowered - Active in the Labor Market (Osnažene)

The project aims to reduce the unemployment of women in the Tuzla Canton by providing women marketable skills and empowerment to seek employment and develop their business ideas as well

as to raise societal and governmental awareness by proposing solutions to correct gender inequality in the BiH labor market using the project's findings and results.

In 2021 two groups of women has been provided with Digital Literacy trainings, psycho-educative workshops as well as Business Skills workshops. Out of 24 women who started with trainings (12 in each group), 16 women completed whole education, others were not able to completed due to employment (4 of them) or personal issues.

16 women who completed education report increase in their self- confidence, new found ability to recognize all their skills which they used to improve their CV's as well as better boundaries and self-esteem in job interviews. They also report on gaining the ability to network, think more strategically and logically, to analyze competition, to effectively operate their finances and to resolve business issues.



TOTAL NUMBER OF PERSONS / PARTICIPATION AND ACTIVITIES / SERVICES IN 2021		
	Number of persons / participation	Number of days of activities / services
Psychoeducative program	231	111
Family/ Psychological Counseling Centre	381	938
Gender Equality Program	475	122
Other Activities and Services	81	13
TOTAL	1.168	1.184
Online activities in 2021	411.144	33

PSYCHOEDUCATIONAL PROGRAM Januar - December 2021									
TOPIC	STATUS					TOTAL	GENDER		Number of workshops days
	Employed	Unemployed	Student	Pensioners	Houswives		Men	Women	
Music therapy with drums	5	4	0	2	0	11	1	10	9
Family Dynamic	13	5	0	1	0	19	2	17	6
Personal and Business Skills	0	10	0	0	0	10	0	10	9
Universal Dances of Peace	12	5	0	5	0	22	2	20	5
Positive Discipline in Raising the Children	27	2	0	0	0	29	1	28	7
Sexual Abuse in Childhood	6	2	1	0	0	9	0	9	3
Art Therapy	10	0	0	0	0	10	0	10	3
Art History	8	1	0	1	0	10	1	9	1
Youth Mental Health	0	5	22	0	0	27	5	22	18
Nonviolent Communication	0	3	19	0	0	22	4	18	9
Gender Equality	0	2	17	0	0	19	3	16	9
Life and Employability Skills for youth	8	6	29	0	0	43	10	33	32
TOTAL	89	45	88	9	0	231	29	202	111
%	38,5	19,5	38,1	3,9	0,0	100	12,6	87,4	



FAMILY / PSYCHOLOGICAL COUNSELING CENTRE										
Januar - December 2021										
Activity	STATUS						TOTAL	GENDER		Number of session /workshop days
	Employed	Unemployed	Students	Retired	Housewives	Children		Men	Women	
SOS Phone	30	33	24	7	2	1	97	18	79	112
Informative and material (direct) support	0	20	4		4	65	93	30	63	93
Individual psychotherapy and counseling	31	23	11	9	1	10	85	21	64	536
Family and couples psychotherapy and counselling	0	0	0	0	0	0	0	0	0	0
Group psychotherapy and counseling	2	18	23	0	0	0	43	7	36	66
Psychoeducative and creative children workshops	0	0	0	0	0	26	26	9	17	47
Support group Dances of Universal Peace and Reiki	6	1	0	4	0	0	11	2	9	12
Physical recreation exercises for women	5	0	0	21	0	0	26	0	26	72
TOTAL	74	95	62	41	7	102	381	87	294	938
%	19,42	24,93	16,27	10,76	1,837	26,77	100	22,83	77,17	

GENDER EQUALITY PROGRAM								
Januar - December 2021								
PROJECT / ACTIVITY	STATUS				TOTAL	GENDER		Number of days of activity
	Employed	Unemployed	Students / school	Pensioners / Housewives		Men	Women	
Osnažena: IT literacy workshops for unemployed women	0	24	0	0	24	0	24	24
Osnažena: Psihoeducational workshop for unemployed women	0	24	0	0	24	0	24	24
Osnažena: Business Education for unemployed women	0	24	0	0	24	0	24	24
Breaking the Silence on GBV: Workshop for children	0	0	306	0	306	137	169	19
Breaking the Silence on GBV: Volunteer training	0	0	9	0	9	2	7	20
Breaking the Silence on GBV: Workshop for teachers	19	0	0	0	19	2	17	2
Gender commission members education (20 cities/municipalities)	34	3	0	2	39	14	25	8
Gender equality Forum play	3	2	25	0	30	0	30	1
TOTAL	56	77	340	2	475	155	320	122
%	11,8	16,2	71,6	0,421	100,00	32,6	67,4	



OTHER ACTIVITIES / SERVICES Januar-December 2021		
Activity / service	Number of persons	Number of days of activity
Workshop "Employability skills" for young people, users of World Vision Tuzla	16	4
Interactive lecture <i>Depression in young people</i> for the Student Council of the Medical High School Tuzla	20	1
Mentoring activities for the implementation of the workshop Institutional mechanisms and legal regulations for gender equality	45	8
TOTAL	81	13

ONLINE ACTIVITIES 2021		
	People reached	No of activity
Gender Equality Program		
Online Art exhibit and contest for Elementary school Mramor students	3.000	1
Gender Equality videos (facebook and instagram)	12.000	12
Project Youth as Social Changemakers		
Youth Mental Health	235	1
Anxiety - online comic	255	1
Self-confidence	248	1
7 signs that someone is good for your mental health	1.009	1
How to recognize the signs of stress	11.448	1
How to recognise anxiety	19.249	1
World Mental Health Day promotion	21.319	1
Shame and guilt	22.765	1
Emotional neglect in childhood	18.505	1
Results of a survey of young people on the state of mental health	34.720	1
Youth statements on the state and needs of mental health	31.056	1
A rehumanizing perspective on addiction	20.547	1
Rehumanizing interpersonal relationships	21.146	1
What we need to know about suicide in young people	615	1
Misconceptions and facts of youth suicide	47.859	1
Stress management	39.126	1
The importance of recognizing and expressing needs	17.643	1
Support for young people with suicidal thoughts	60.803	1
The difference between needs and strategies	23.724	1
Why I'm coming to project and Amica Educa - volunteer statements	3.872	1
TOTAL	411.144	33



In 2021 Amica Educa has established new cooperation and continued existing cooperation with government, institutions in relevant sector, local and international NGOs and private sector. Some of the most important cooperation for Amica Educa established and continued in 2021 are:

6.1. Cooperation with governmental bodies

- After a two-year lobbying period, Amica Educa was included in the budget of the Government of Tuzla Canton for 2022. as a regular (non-project) budget user, which provides longer-term co-financing of the Family / Psychological Counseling Center.
- Participation of Amica Educa in the Cantonal Committee and the Working Group for the development of the Tuzla Canton Development Strategy 2021-2027 and the Action Plan 2021-2024. enables the stronger foothold for the support of people in need for psychosocial assistance in Strategy and programs in future period.
- Amica Educa was elected by the Ministry of Labor, Social Policy and Returns of TK as a member of the Coordination Committee for Monitoring the Implementation of the Gender Action Plan 2021-2024 for Tuzla Canton. This provides the possibility of influencing the planning and implementation of various actions in the field of gender equality.
- With the Ministry of Culture, Sports and Youth of Tuzla Canton, Amica Educa established a new cooperation and signed a Memorandum of Cooperation related to providing support to young people.

6.2. Cooperation with institutions in relevant sectors

- Cooperation has been established with the Gender Centers of the Federation of BiH and the Republika Srpska on the project Development of a training program for members of municipal commissions for gender equality in BiH.
- Cooperation with the Home for Children without Parental Care continued through the monitoring of YEEP project participants (youth) as well as through the provision of psychoeducational and creative support for one group of school children.
- Cooperation with the "Secondary Medical School" Tuzla was established by holding an interactive workshop on "Depression in Youth" for members of the Student Council of this school.
- In the same form as in previous years, the cooperation is continued with: Center for Social Work Tuzla, Center for Mental Health Tuzla, primary and secondary schools, University of Tuzla.

6.3. Cooperation with International and local NGOs

- Renewed cooperation with the donor DVV International BiH, which invited Amica Educa to join the project that will be implemented in the period 2022 - 2024. and which, in addition to financing activities related to adult education, will also support the capacity building of the Association.
- As a member of several working groups on the promotion of women's rights, Amica Educa continued to work with many women's organizations and attended a meeting of the working group on sexual harassment in the community (organized by the NGO Revolt) and meetings on Analysis of women's representation peace and security agendas in Tuzla Canton, with recommendations for improvement (organized by the NGO Horizonti).
- Established cooperation with the Fondacija tuzlanske zajednice (Tuzla Community Foundation), which supported the implementation of 2 groups of psychological support for women, members of various associations from several local communities in the area of Tuzla Canton.
- Cooperation with the international organization Swiss Peace was established through an interview with a representative of Amica Educa related to the position of women in society and the experiences of the Association from previous projects. The conclusions of the interviews served to better define and implement the Swiss National Action Plan.
- Amica Educa coordinated the organization on March 8 in Tuzla, including 12 organizations. Following the Covid-19 restrictions, citizens are invited to mark March 8 by wearing red ribbons and participating in the campaign on social media.
- Previously established cooperation with other NGOs continued in various forms, such as: SOS Kinderdorf BiH, Association Nešto više, Association Tuzla Open Center, Big Ben Local Education Center, Erazmo Learning Center, CEO - Education and Training Center, etc.



7.1. Organizational documents and publications

- For the purpose of assessing the situation and needs, Amica Educa, with the support of an external consultant, prepared an Analysis on Gender Equality and Mental Health of Youth in Tuzla Canton. Representatives of government institutions and institutions as well as representatives of relevant CSO participated in the analysis. The analysis includes and offers: Information on the current legal framework for gender equality in the Federation of BiH and Tuzla Canton; Information on local policies and institutional mechanisms in cities and municipalities in Tuzla Canton (with a focus on

by institutions and their real impact on meeting the needs of women and men, especially when their needs are different; Information on gender-transforming programs and services provided by NGOs and their impact on the community; Conclusions on shortcomings, difficulties and problems and recommendations for overcoming the shortcomings, difficulties and problems of the competent authorities and non-governmental organizations for the implementation of mechanisms for the promotion of gender equality and mental health of young people.

- Before the expiration of the previous one, in December 2021, the process of drafting a new Strategic Plan of Organizations for the period 2022-2025 began.



the city of Tuzla) regarding the improvement of gender equality and mental health of young people; Information on the different de jure and de facto rights of women and men and how they are differently affected by policies and institutional rules; Information on gender-transforming programs and services provided

7.2. Human Resources

- For the period January 2021 - December 2022, a new person was employed part-time in the position of coordinator of the project Development of the Training Program for Members of the Municipal / City Commission for Gender Equality in B&H
- For the period April - June 2021, a PR assistant was hired for the needs of the organization.
- Employees continued to develop their capacities through long-term trainings (gestalt psychotherapy) as well as short-term trainings within the project Youth Empowerment Enabling Prospects - YEEP! SOS Kinderdorf project.

7.3. Engaging Amica Educa's staff by institutions and organizations

- 2 workshops on Increasing the employability of young people - engaged by World Vision B&H, Tuzla office;
- a one-day training on Developing a supportive



relationship for outreach workers for employees of Community Service Center Tuzla - active in providing the care and psychosocial and legal assistance to migrants in Tuzla Canton;

- Lecture/presentation of the work of Amica Educa as organization active in lifelong learning and mental health for the students of Sarajevo University, Faculty of Philosophy, Adult Education subject
- Lecture on Depression in Youth for the student council of Medical High School,
- 12 sessions of psychological support for two groups of women – engaged by Foundation of Tuzla Community

7.4. 25th Anniversary celebration

On June 18th Amica Educa celebrated 25th anniversary. For this purpose, a booklet was published Amica Educa – Our First 25 Years, containing 11 personal stories of Amica Educa beneficiaries. The event included retrospective of 25 years accomplishments through viewing promotional Amica Educa video, video message on behalf of Amica Schweiz board, followed by reading 4 stories by our beneficiaries.

7.5. Infrastructure

Significant works were performed on Amica Educa infrastructure: Three inner doors were replaced; wooden floors were refurbished; Walls repainted and renovation of the parking place.

7.6. Visibility/Public Relations/Advertising

In 2021 Amica Educa efforts were made in branding, visual identity development and creating good quality content for visibility. As a result, promotional materials (brochures, booklets, videos, poster and video invitations, etc.) are professionally designed and created to the standards and with quality.

Amica Educa has promoted its work in media including TV, web portals, webpage social networks such as facebook and Instagram). The Facebook posts of Amica Educa have reached 128220 persons while Instagram posts reach 36980 persons.

In 2021, Amica Educa had a total of 38 media releases: 12 TV appearances at the federal and local level and 26 articles and announcements on web portals.



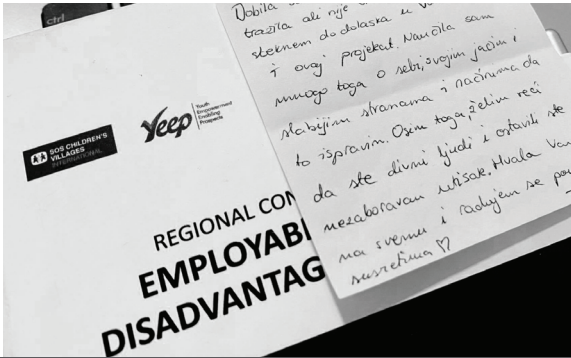


AMICA EDUCA

Fundraising and donors in 2021

08

In addition to maintaining cooperation with existing donors and ensuring continued funding for 9 projects in 2021, Amica Educa has applied for 5 new public calls for projects, all of which have been approved. Donors who supported the implementation of one or more Amica Educa projects in 2021 were:



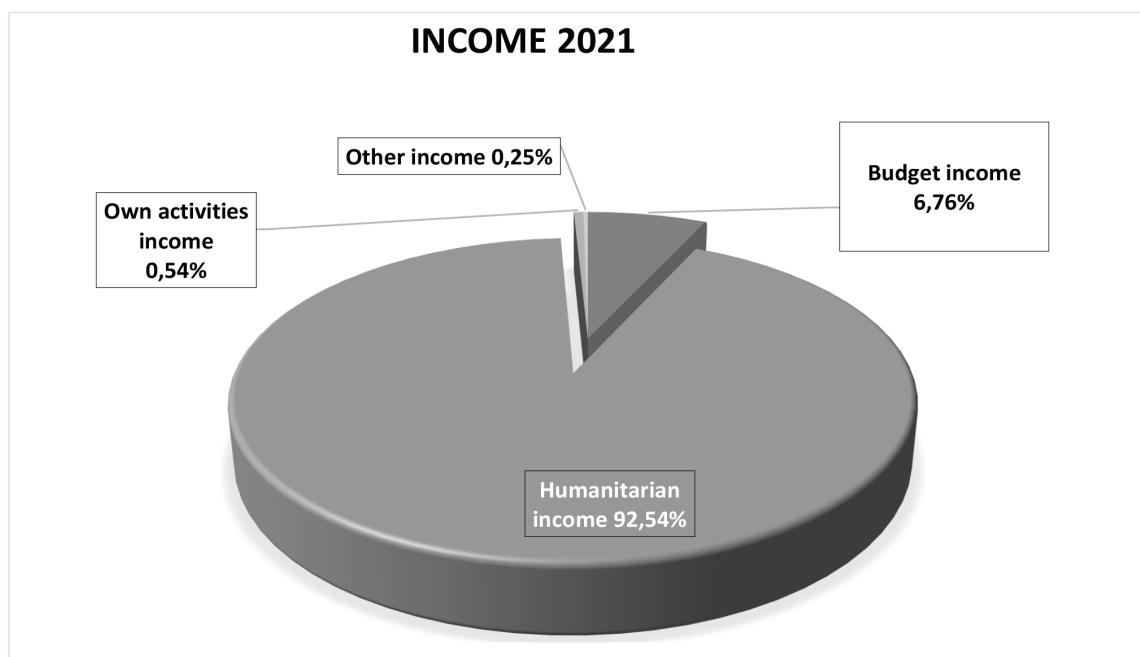
- Amica Schweiz
- Cfd - The Feminist Peace Organization
- SOS Children's Villages in BiH
- European Union (EIDHR program) (partnership with the NGO Nešto više)
- Ministry of Labor, Social Policy and Return of Tuzla Canton
- City of Tuzla
- Friedensbrugg
- NdI Network of Dances of Universal Peace



9.1. Income 2021

Total generated income in 2021 accounting period is 384.575 KM which in comparison to income in last year is increase of 41.051 KM or 10.7%

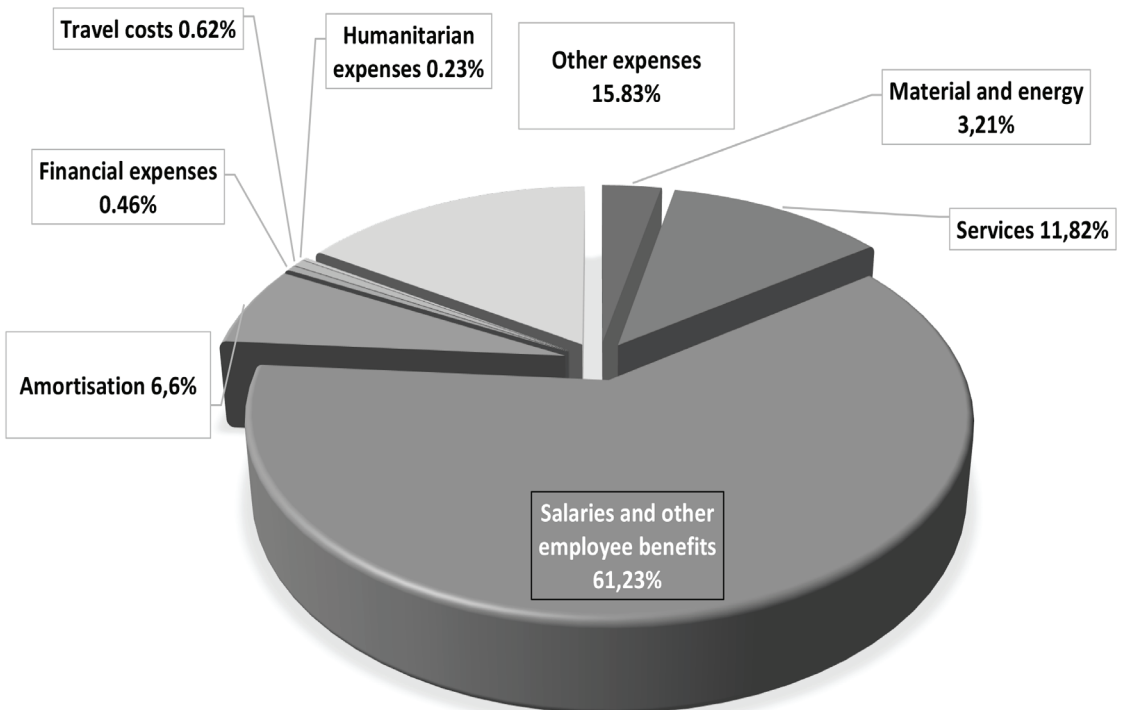
OVERVIEW OF INCOME 2021			
DESCRIPTION	Amount KM		%
	2020	2021	2021
Budget income	17.650	26.000	6.76%
Humanitarian income	320.251	355.532	92.45%
Own activities income	4.815	2.075	0.54%
Other income	808	968	0.25%
TOTAL INCOME	343.524	384.575	100%



9.2. Expenses 2021

Total expenses in 2021 accounting period are 384.495 KM which in comparison with expenses in last year is increase of 41.013 KM or 10.7%

OVERVIEW OF EXPENSES IN 2021			
DESCRIPTION	Amount KM		%
	Year 2020	Year 2021	Year 2021
Material and energy	14.058	12.352	3,21%
Services	50.364	45.446	11,82%
Salaries and other employee benefits	206.719	235.415	61,23%
Amortization	24.562	25.385	6,60%
Financial expenses	1.899	1.768	0,46%
Travel costs	2.436	2.378	0,62%
Humanitarian expenses	0	878	0,23%
Other expenses	43.444	60.873	15,83%
TOTAL EXPENSES	343.482	384.495	100
Excess income over expenses	42	80	







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AMICA EDUCA 2021